



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

OVERNIGHT CAMP Parent Guide



YMCA CAMP COPNECONIC

10407 N. FENTON RD.
FENTON, MI 48430

WWW.CAMPCOPNECONIC.ORG

P: 810-629-9622

F: 810-629-2128



DEAR PARENT/GUARDIAN,

Thank you for enrolling your child in Overnight Camp. You have taken a very important step in helping your child develop to his or her full potential. Let us assure you that we will do everything possible to make your child's experience at camp a positive one. This guide will help you prepare your child for an exciting, safe, fun and adventurous experience. If you have any questions or concerns, please feel free to contact us.

CAMPER CONFIRMATION AND PAYMENT

By receiving this information, we confirm that your child has been placed in the requested camp session. To view your current balance, log into your account and visit "Financial Management". Your outstanding balance is due three (3) weeks prior to session start date. If fees are not paid by the time your child is dropped off at camp, the balance will be charged to the credit card on file. Camp Copneconic accepts checks, money orders, cash, or credit card. Returned checks are subject to a \$25 fee.

REFUND POLICY

One-half the deposit is refundable up to 30 days prior to the session start date. Deposits are NON-REFUNDABLE after 30 days prior to the session start date.

HEALTH HISTORY and CAMPER RELEASE FORM

The health form can be found on our website and may be completed and turned in online. Please read, complete fully, sign, and return to camp at least three (3) weeks prior to camper's session start date. All information given on this form is CONFIDENTIAL.

Please understand that your child will not be accepted at camp without a completed and signed form. Please note that you will be required to fill out a new health form for this summer, even if your camper attended camp in past years.

PARENT NOTIFICATION - HEALTH & SAFETY

If any of the following occur to your camper while at camp, we will call the emergency contact(s) listed on the health form to notify home.

- Fainting
- Chest Pain
- Seizure
- Illness lasting more than 24 hours
- Horse-related injuries
- Cuts/ Scrapes vulnerable to infection
- Temperature above 100 F
- Vomiting
- Complaints of activity-hindering pain

Any event or injury that the Health Officer feels as though the camper needs to be seen by a doctor or taken to the Emergency Room, guardians will be notified immediately. If there is any other illness or injury that you would like to be notified of while your camper is at camp, please inform a Health Officer when you drop your child off at camp.

FOOD AT CAMP

Campers will be served breakfast, lunch, dinner, and snack each day at camp, and our kitchen is known for excellent food quality, and their ability to cater to campers' dietary needs. If your camper follows a special diet, please contact Tanya, our Food Service Director at 810-629-1206. Please do not pack food for your camper without contacting camp first.

CAMP BEHAVIOR REINFORCEMENT

The staff at YMCA of Greater Flint Camp Copneconic will work very hard to practice positive reinforcement as the primary focus for the camper behavior. In addressing those campers that are finding it difficult to follow camp rules and policies, the following steps will be put in place:

Note: Actions deemed harmful to oneself or another camper are subject to immediate dismissal

- Step 1: Counselors will address behavior with the camper, helping the camper to understand the rules and take responsibility for changing the behavior.
- Step 2: Senior staff will meet with the camper to discuss and implement solutions
- Step 3: The camper will meet the Camp Director. Parental contact and clear objectives will be established.
- Step 4: The camper will be removed from camp without a refund. A Parent or Guardian will be asked to pick up the camper from Camp Copneconic as soon as possible.

Note: We have a small team of staff certified in Crisis Prevention Institute's Nonviolent Crisis Prevention and Intervention. This training and certification teaches them how to respond to potentially dangerous incidents. It teaches them verbal de-escalation skills, and trains them in disengagements and Restrictive Interventions. As a last resort, and in the least restrictive method possible, our staff may use restrictive interventions to protect the safety of our campers, staff and families.

ARRIVAL AND DEPARTURE TIMES

Campers and their families will arrive in 30-minute increments. Camp staff will direct families to park at the Ranch parking lot, then walk to the Dining Hall to check in. Following check-in, families will return to their vehicle, retrieve their camper's luggage, and move them into their cabin.

SUNDAY ARRIVAL TIMES:

1:00-1:30: Last names beginning with S-Z

2:00-2:30: Last names beginning with G-L

1:30-2:00: Last names beginning with M-R

2:30-3:00: Last names beginning with A-F

FRIDAY DEPARTURE:

Please join us at 1:00 for a closing ceremony in the Dining Hall. Check-Out begins at 1:30. After signing your camper out, please head to your camper's cabin to pick your camper and their belongings up. Prior arrangements must be made if camper needs to be picked up before their assigned time and Picture identification is required to check out campers. Please have available for verification.

COPNECONIC T-SHIRTS AND CAMP STORE

Camp Copneconic's store will be open during Check-In and Check-Out. Camp t-shirts can be pre-ordered and must be picked up at the camp store during check-in. All camp care packages will be delivered on either Monday or Tuesday of your camper's session.

LETTERS FROM HOME

Please send letters to the address below. Families may also bring mail on Sunday to be delivered throughout the week. Families also have the option to purchase "Camp Stamps" through their CampInTouch account for one-way e-mails to their campers. These emails are printed by camp staff and delivered with the mail. Mail is delivered to campers at dinner each day received. If you are mailing by postal services, please consider the amount of time needed for delivery from your area. When letters and packages are delivered to camp after a camper returns home, they will be returned to sender. Please don't send food to camp!

YMCA Camp Copneconic
attn: Camper's Name & Cabin Name
10407 N. Fenton Rd, Fenton, MI 48430

LOST AND FOUND

Although Camp Copneconic assumes no responsibilities for lost articles, we make attempts to return all lost articles at the end of each camp day. At the conclusion of each camp week, items left behind will be placed in Lost and Found. Please make every effort to check the Lost and Found area before departing for home. If any items are not claimed within two weeks, they will be donated to charity.

WHAT TO BRING, AND WHAT NOT TO BRING TO CAMP

Below is a list of suggested items to bring to camp. Prior to your child's arrival, please clearly mark your child's name on all items to prevent loss and help claim if lost. Children sometimes borrow, loan, exchange, forget, or find clothes and items from others. Our counselors will monitor this as best as possible but please understand that Camp Copneconic is not responsible for damaged or lost items.

WHAT TO BRING DAILY:

BEDDING

- Sleeping bag or twin sheets & blankets
- Pillow & pillowcase

CIRCLE C & HORSEMASTERS ONLY:

- Heeled boots or shoes for riding
- Full-length pants

CLOTHING

- Shorts, shirts, jeans and other "camp" clothes
- Two pairs of shoes suitable for walking (Do NOT bring only sandals)
- Pajamas
- Warm jacket, sweater, or sweatshirt
- Rain Gear (rain jacket or poncho)
- Swimsuit (two suits if possible)
- Sandals or swim shoes

TOILETRIES

- Toothbrush & toothpaste
- Soap & shampoo
- Bath towels & washcloth
- Beach towel
- Comb or brush
- Insect repellent
- Sunscreen

- Laundry bag or heavyweight plastic bag
- Pre-stamped & addressed envelopes, stationary, or postcards
- Camera (disposable recommended)
- Water Bottle
- Costume for theme (optional)
- Medications (to turn in at check-in)

GENERAL ITEMS

- Flashlight

WHAT NOT TO BRING

Please do not bring: pets/animals, personal sports equipment, money, electronics, food, candy, gum, matches, tobacco products, blow dryers. We can not ensure their safety and such items disagree with the camp philosophy that all campers are equal. Thank you!

WEAPONS OF ANY KIND, including, but not limited to, guns/firearms, knives, and archery equipment, are strictly prohibited. We are a drug and alcohol free environment. If found, campers will be asked to leave camp immediately and authorities will be notified.